



# Loss Control Division

of the Alabama Municipal Insurance Corporation  
and the Municipal Workers Compensation Fund

*Sponsored by the Alabama League of Municipalities*



## Online Training - Year Round Courses



The AMIC/MWCF Loss Control Division has partnered with LocalGovU, an online training provider specializing in training to local governments. The courses offered year-round are listed below by category.

### Chemical Safety

Global SDS and the Hazardous Communications Standard

### Customer Service

Basic Telephone Skills  
Handling Difficult Customers  
Online Customer Service Skills  
Personal Professionalism  
Successful Customer Interactions

### Elected Officials

Ethical Behavior for Elected Officials  
Ethical Behavior for Local Governments  
Parliamentary Procedures  
Running an Effective Board Meeting  
Training for Small Communities

### Equipment Safety

Chain Saw Safety  
Equipment Safety  
Forklift Safety  
Ladder Safety 101  
Power Tool Safety

### Fire Department

Bloodborne Pathogens for First Responders  
Driving Safety for First Responders  
Fire Behavior – Fire Basics  
Fire Behavior – Types of Fires  
Fire Behavior – Fire Growth and Fire Stages  
Fire Control – Structural Fires  
Fire Control – Wildfires and Non-Structural Fires  
Hazmat First Responder Awareness Level 1  
Highway Incident Safety Guidelines for Emergency Responders  
Understanding Anxiety Disorders, OCD and PTSD  
Yoga for First Responders

### Grant Writing

Grant Funding for COVID-19 Response

### Health & Wellness

Diabetic Emergencies  
Eating Right for Health and Fitness  
Excited Delirium  
High Blood Pressure – Reducing Your Risks  
Managing Your Healthcare  
Pandemic Planning – Elements of the Plan  
Pandemic Planning – Planning Organization  
Smoking Cessation  
Stress and Your Health  
Sleep and Your Health  
Tourette Syndrome and other Neurological Disorders  
Understanding Autism Spectrum Disorder  
Understanding Eating Disorders  
Understanding Carpel Tunnel Syndrome  
Understanding Depression and Bipolar Disorder  
Understanding Nutritional Information & Labels  
Understanding Pre-diabetes  
Walking Your Way to Fitness



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### Human Resources

The Aging Workforce: Leveraging the Talents of Mature Employees  
 Bullying in the Workplace  
 Disciplinary Action and Procedures  
 Discipline and Termination  
 Diversity in the Workplace  
 Employee Recognition  
 Employee Retention  
 FMLA Training for Supervisors  
 Form I-9  
 Handling Angry Employees  
 HIPAA: Protected Health Information for Public Entities  
 HR Recruitment and Selection Process  
 Managing Risk in an Aging Workforce  
 Personnel Record Retention (Federal Standards)  
 Recognizing Domestic Violence  
 Recruiting Excellent Employees  
 Retaining Talent  
 The Risks of Social Media  
 Sexual Harassment in the Workplace  
 Understanding the Family & Medical Leave Act  
 Violence in the Workplace  
 Workers Compensation: Strains and Sprains Injury Prevention  
 Workplace Harassment

### Information Technology

Computer Security Basics  
 Cybersecurity Threats to Public Entities

### Management Skills

Basic Math  
 Building Financial Strength in First Responder Families  
 Business Continuity  
 Business Writing Basics  
 Coaching with Character  
 Crisis Management  
 Dealing with the Media  
 Developing Effective Communication Skills  
 Drug and Alcohol Awareness  
 Enhancing Work Relationships  
 Generational Differences  
 Goal Setting Skills

Interviewing Skills for Managers: Conducting an Interview  
 An Introduction to Requests for Proposal  
 Leadership vs Management  
 Meeting Management  
 Performance Management  
 Providing Effective Orientations  
 Press Conference and Briefing Basics  
 Reasonable Suspicion Training for Supervisors  
 Report Writing: 1  
 Report Writing: 2  
 Supervisor Skills 101  
 Supervisor Skills 201  
 Sexual Harassment Training for Managers  
 Science of Employee Engagement  
 Transition from Peer to Supervisor  
 Time Management Skills  
 Work Environment Flexibility  
 Writing and Effective Email

### Motor Vehicles

Bus Operations: Operator Training  
 Bus Safety: Distracted Driving  
 Commercial Motor Vehicle Safety  
 Distracted Driving for Local Government  
 Defensive Driving Basics  
 Defensive Driving Techniques (Advanced)  
 Distracted Driving for Local Government – 2 Hour  
 Dump Truck Safety  
 Transit Operations: Supervisor Training

### Parks & Recreation and Grounds Keeping

Cemetery Maintenance  
 Commercial Lawn Mower Safety  
 Designing and Maintaining Safe Playgrounds  
 Lawn Care Equipment Safety  
 Parental Responsibility and Youth Sports  
 Public Pools & Public Health  
 Youth Sports Injuries



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### Seasonal Safety

- Dealing with Cold Stress
- Dealing with Heat Stress
- Snow and Ice Management
- Absorbents and Spills

### System Usage

- Using the Admin System

### Utility Department

- Confined Spaces 101
- Confined Spaces 102
- Decentralized Wastewater Systems
- Drinking Water Distribution System Management
- Drinking Water Standards
- Excavation 101
- Excavation 102
- Providing and Protecting Potable Water Sources
- Respirators & Air Quality
- Sewer System Overview
- Storage Tank Management
- Stormwater Runoff Responsibilities 101
- Stormwater Runoff Responsibilities 201
- Trench Safety
- Trenching and Excavation Safety
- Wastewater Utility Operation & Maintenance
- Watershed Overview
- Water Agency Security
- Water Distribution Management

### Volunteers & Community

- Public Employee Safety in the Community
- Volunteers Working with Children and Adolescents
- Understanding Child Neglect for Volunteers
- Understanding Domestic Abuse for Volunteers

### Workplace Safety

- Active Shooter: Ambush Awareness and Preparation
- Back Injury Prevention
- Basic First Aid
- Bloodborne Pathogens
- Electrical and Fire Safety
- Emergency Preparation and Egress
- Fall Protection
- Investigating Incidents
- Lockout/Tagout 101
- Means of Egress
- Personal Protective Equipment
- Preventing Accidents in the Workplace
- Preventing Slips, Trips and Falls
- Workplace Ergonomics

### Work Zone Safety

- CDOT Flagger Training
- Inspection and Citation Guidance for Roadway and Highway Construction Work Zones
- Nighttime Work Zone Lighting
- Roadway Maintenance
- Safe and Effective Work Zone Inspections
- Understanding the MUTCD
- Work Zone Exposure Control Measures
- Work Zone Safety for Local Governments
- Work Zone Traffic Control 101